

Cultural Humility Outline

Possible Communication Norms	<ul style="list-style-type: none"> • How do you prefer to be addressed? • What is the primary language spoken in your home? • What is the best way to partner with you and your family-of-choice?
Tradition and Health Beliefs (Historical Narratives/Healthcare Disparities That May Impact Care, if any)	<ul style="list-style-type: none"> • How is illness, death, and after death/afterlife discussed in your family-of-choice, if at all? • Are there any experiences with health providers in the past that weigh upon you? Positively? Negatively?
Considerations for Pain and Symptom Management	<ul style="list-style-type: none"> • How do you view the experience of pain? Are you comfortable identifying/rating it? Are you comfortable verbalizing it? <ul style="list-style-type: none"> • Are there any differences between your views and those of your family-of-choice/community? • How do you view medication? Are there medications that you are concerned about? <ul style="list-style-type: none"> • Are there any differences between your views and those of your family-of-choice/community?
Considerations for Advanced Directives	<ul style="list-style-type: none"> • How are conversations related to final wishes, DNR, etc. best initiated with you (and your family-of-choice)? • (Threshold Question) Is there something that is key to your quality of life (ex. like when someone has to perform personal care for you or when you aren't able to knit anymore), that when no longer possible would indicate a time to focus on discussing your final wishes? • How do you define "suffering"?
Considerations for Imminent Dying and At Death	<ul style="list-style-type: none"> • Is there a word that you and your family-of-choice use when one is close to death? Or after a death has occurred? • Are there any rituals and important traditions that we can honor when you are close to death? • Are there any rituals and important traditions that we can honor when you have died? • Are there any rituals and important traditions that we can honor following your death?
Family Structure and Dynamics	<ul style="list-style-type: none"> • In your family-of-choice, who makes decisions about important plans, needs, etc.? • Who would you like to be involved in discussions and decision-making? • Are there any members of your community (like clergy) that should be involved in meetings to support you and your family-of-choice's needs?

